





Visceral adipose ti: Index [L/m²]

Variable name	Equation
Weight-to-muscle ratio	$\frac{weight}{TMV}$
Fat ratio	$\frac{VAT + ASAT}{VAT + ASAT + TMV}$
Visceral adipose tissue index	$\frac{VAT}{height^2}$
Total adipose tissue index	$\frac{VAT + ASAT}{height^2}$