

Doctoral course 'Life-course and Old Age Exclusion'

Course plan

Division Ageing and Social Change (ASC),
Department of Social and Welfare Studies, Linköping University

in collaboration with
Aging Research Center (ARC), Karolinska Institutet & Stockholm University
and
Research Centre for Ageing and Later Life (ReCALL), Dalarna University

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Life-course and Old Age Exclusion, 3 hp.

The Division Ageing and Social Change (ASC), Department of Social and Welfare Studies, Linköping University, the Aging Research Center (ARC), Karolinska Institutet & Stockholm University and the Research Centre for Ageing and Later Life (ReCALL), Dalarna University hereby invite for a postgraduate course on *Life-course and Old Age Exclusion* within the program of the National Graduate School on Ageing and Health (SWEAH) that is devoted to the issues of research on ageing and health in the perspective of life-course and old age exclusion.

Examination date is the final date of the course and the paper submission date is April 30, 2020.

The course can only be followed in total and all lectures are given in English. Applications for participation must be sent to Anna Martin, anna.martin@liu.se before December 4, 2019.

Course dates

Part I December 10, 2019 (venue: <https://liu-se.zoom.us/j/9490341801>)

Part II January 21/22, 2020 (venue: ASC/LiU, Norrköping)

Part III February 11/12 2020 (venue: ARC/KI, Stockholm)

Application deadline is November 15, 2019

Course outline

The course includes three parts. Part I is an introduction that provides a broad overview of the research field of old age exclusion. It presents the general outline and familiarises students with the basic themes of the course. Theories and research issues announced briefly will be revisited and further developed in the course's in-depth sections. Input by the teachers will serve as a basis a) for student decisions on priorities of their participation and b) for student involvement in the selection of special topics for lectures and workshops.

In Part II, the course program will focus on social exclusion in old age and on the cross-cutting perspectives of life-course and health. These topics will be presented in lectures and discussed. The students will also be given the opportunity to suggest specific relevant topics to be included in the next part.

Part III of the course will focus on specific themes of old age exclusion including: exclusion from social relationships and neighbourhoods; civic rights and cultural exclusion; and economic exclusion. This part will include additional topics as suggested by the students.

Course content

The course embraces interdisciplinary perspectives in ageing research with an emphasis on perspectives on social and behavioural sciences. By this, the course curriculum emphasises the issue of social exclusion, with health and life-course as crosscutting perspectives. Besides a Swedish focus, an international comparative perspective will be taken.

The concept of social exclusion is multidimensional and covers life domains such as production, activity, health and health behaviour, material/financial resources, social relationships, civic participation, neighbourhood and access to services. Thus, social exclusion provides a framework for interdisciplinary understanding how disadvantage can be related across different life domains.

Social exclusion is a process where individuals are prevented from participating fully in society. Marginalized people are more vulnerable for social exclusion and social exclusion has negative effects especially on marginalised individuals, including reduced health and well-being and an increased risk of mortality. At the same time, poor physical and mental health is a key risk factor for social exclusion. Even if researching social exclusion per se needs an interdisciplinary and intersectoral approach to understand its complexity and momentousness, health proves to be central to the issue of social exclusion, will therefore be a comprehensive perspective of this course, and will, hence, be addressed in all teaching sessions.

Social exclusion is dynamic in that individuals can move into and out of exclusion as they age. Disadvantages can also be cumulative and result in deep or multiple exclusion in old age. The concept of life-course is thus central in the course curriculum. The concept of the life-course as an institution, as a trajectory and as a lived biography allows ageing research to be organised from a truly multi-level perspective, closely linked to the theories of cohort and generation on the one hand and to the idea of social change on the other hand. The life-course serves as a mediator concept between the individual and the societal, while a cohort comparative perspective is taken.

Course aims and learning outcomes

The course aims at initiating a proper discourse on conditions, substance and outcomes of old-age exclusion as major research, policy and societal challenges with respect to the social exclusion of older people in Europe, and beyond. The lectures focus on how these different forms of multifaceted disadvantage interact in old age. It aims at developing shared understandings of exclusion in later life, at inspiring interdisciplinary research on ageing and health in Sweden and at enabling participants to apply the newly acquired knowledge in their academic work. After the course, the students are expected to be able to:

- Explain how multiple exclusion in old age can be understood from a life-course perspective
- Compare and contrast how health can be both a risk factor and an outcome of social exclusion
- Apply theories/approaches and key concepts of the course on their own research topic

Course themes

The course includes one full week of classroom and online teaching divided into three parts and will give 3 credit points. It covers the following themes:

General concepts	<ul style="list-style-type: none"> • Old age exclusion • Diversity/intersectionality, social and health inequality and social exclusion in old age • Life-course, cumulative exclusion and accumulative health inequalities • Health perspectives on social exclusion • Exclusion from health and social care services 	Specific themes & workshop	<ul style="list-style-type: none"> • Exclusion from social relationships and civic engagement • Exclusion from neighbourhoods • Economic exclusion: income, wealth and old age pensions • Civic rights and cultural exclusion: migration and ethnicity • Workshop on topics to be decided together with participants
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Core reading

Dewilde, C. (2009). A life-course perspective on social exclusion and poverty. In W. R. Heinz, J. Huinink, & A. Weymann (Eds.), *The life course reader. Individuals and societies across time* (pp. 253-269). Frankfurt/New York: Campus Verlag.

Van Regenmortel, S., De Donder, L., Dury, S., Smetcoren, A.-S., De Witte, N., & Verté, D. (2016). Social Exclusion in Later Life: A Systematic Review of the Literature. *Journal of Population Ageing*, 9(4), 315-344.

Walsh, K., Scharf, T., & Keating, N. (2017). Social exclusion of older persons: a scoping review and conceptual framework. *European Journal of Ageing*, 14(1), 81-98.

Wethington, E., Pillemer, K., & Principi, A. (2016). Research in Social Gerontology: Social Exclusion of Aging Adults. In P. Riva & J. Eck (Eds.), *Social Exclusion: Psychological Approaches to Understanding and Reducing Its Impact* (pp. 177-195). Cham: Springer International Publishing.

Requirements for admission to the course/modules /ASC

To join the course, you must be admitted to post-graduate studies or be qualified to study at doctoral level (see specific admissions requirements). The courses are free, but participants pay their own travel and accommodation. Information about the course is available at <https://liu.se/en/organisation/liu/isv/asc>. Please address queries about details of each module to the respective responsible teacher.

Teaching forms

Online and face-to-face lectures with compulsory workshops. In the course we work with lectures, seminars and written assignments. The course literature consists of several basic texts selected for each of the thematic areas. Moreover, the reading list includes further recommended material and should be used depending on interest and relevance.

Junior researchers were invited to give their view on the course plan before it was finalised. Moreover, it is expected that PhD students participating in the course will influence part of the course content. Course participants are encouraged to express thematic interests and to propose additional literature in the planning meeting. The specific topics of two of the workshops (in Part III) will be decided together with the students and will provide them with the opportunity to link their own research areas in relation to old age exclusion.

The course is taught in English.

Examination and grading

Forms of examination: active participation in seminars and workshop, and written assignment/home exam work. The final examination will take the form of a individual paper involving at least three of the thematic areas covered by the course. Grading: passed or not passed.

Teachers

Lena Dahlberg; Docent/Associate Professor in Social Work, Dalarna University

Susanne Kelfve; PhD, Postdoc researcher, Linköping University, Karolinska Institutet and Stockholm University

Carin Lennartsson; Docent/Associate Professor in Sociology, Karolinska Institutet and Stockholm University

Andreas Motel-Klingebiel; Professor in Ageing and Later Life, Linköping University (examinator)

Kieran Walsh; Professor of Ageing and Public Policy and Director of the Irish Centre for Social Gerontology, National University of Ireland (guest lecturer and workshop chair)

Registration form

I want to participate in the PhD course 'Life-course and Old Age Exclusion'. The course is conducted in cooperation of the Division Ageing and Social Change (ASC), Department of Social and Welfare Studies, Linköping University, the Aging Research Center (ARC), Karolinska Institutet & Stockholm University and the Research Centre for Ageing and Later Life (ReCALL), Dalarna University.

Name: _____

ID: _____

Doctoral programme: _____

University: _____

Dissertation theme: _____

Further remarks: _____

Date: _____

Signature: _____

Please send the registration information until November 15, 2019, to Anna Martin (anna.martin@liu.se, +4611363220), coordinator at ASC, LiU. Please feel free to contact Anna Martin in case you need any additional information on the registration.

Course schedule

The course will include one full week of classroom and online teaching divided into three blocks and will give 3 credit points.

Part I: Introduction

Venue: Zoom - <https://liu-se.zoom.us/j/9490341801>

Date: December 10, 2019

13:00-15:00	Thematic introduction and preparation Participant involvement Assignment of work
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Part II: General concepts

Venue: ASC/LiU, Norrköping

Date: January 21/22, 2020

Jan 21, 13:00	Introduction (Andreas Motel-Klingebiel)
Jan 21, 13:30	Old age exclusion (Lena Dahlberg) Coffee break
Jan 21, 15:00	Diversity/intersectionality, social and health inequality and social exclusion in old age (Andreas Motel-Klingebiel and Carin Lennartsson) Coffee break
Jan 21, 16:30	Life-course, cumulative exclusion and accumulative health inequalities (Andreas Motel-Klingebiel and Carin Lennartsson)
Jan 21, 17:30	End of day 1
Jan 22, 09:30	Health perspectives on social exclusion (Carin Lennartsson) Coffee break
Jan 22, 11:00	Exclusion from health- and social care services (Susanne Kelfve) Lunch break
Jan 22, 13:30	Summary, deductions and joint decisions in preparation of Part III (Andreas Motel-Klingebiel and Susanne Kelfve)
Jan 22, 15:00	End of day 2

Part III: Specific themes

Venue: ARC/KI, Stockholm

Date: February 11/12, 2020

Feb 11, 13:00	Update and reconsideration of Part II (Carin Lennartsson and Lena Dahlberg)
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Feb 11, 13:30	Exclusion from social relationships (Lena Dahlberg) Lunch break
Feb 11, 15:00	Exclusion from neighbourhoods (Kieran Walsh) Coffee break
Feb 11, 16:30	Economic exclusion: income, wealth and old age pensions (Andreas Motel-Klingebiel)
Feb 11, 17:30	End of day 1
Feb 12, 09:00	Civic rights and cultural exclusion: migration and ethnicity (Kieran Walsh) Coffee break
Feb 12, 10:30	Workshop on topics to be decided and prepared together with participants (Kieran Walsh and Lena Dahlberg) Lunch break
Feb 12, 13:30	Workshop contd. (Kieran Walsh and Susanne Kelfve) Coffee break
Feb 12, 17:00	Summary, evaluation, research perspectives and outlook (Carin Lennartsson)
Feb 12, 18:00	End of day 2

Literature

Old age exclusion

Dahlberg, L. & K. J. McKee (2018). Social exclusion and well-being among older adults in rural and urban areas. *Archives of Gerontology and Geriatrics*, 79, 176-184.

Van Regenmortel, S., et al. (2018). Accumulation of disadvantages: Prevalence and categories of old-age social exclusion in Belgium. *Social Indicators Research*, 140(3), 1173–1194

Diversity/intersectionality, social and health inequality and social exclusion in old age

Quesnel-Vallée, A., Willson, A., & Reiter-Campeau, S. (2016). Health Inequalities Among Older Adults in Developed Countries: Reconciling Theories and Policy Approaches. In *Handbook of Aging and the Social Sciences* (Eighth Edition) (pp. 483-502). San Diego: Academic Press.

Lanari, D., & Bussini, O. (2012). International migration and health inequalities in later life. *Ageing & Society*, 32(6), 935-962.

Life-course, cumulative exclusion and accumulative health inequalities

Ben-Shlomo, Y., Cooper, R., & Kuh, D. (2016). The last two decades of life course epidemiology, and its relevance for research on ageing. *International Journal of Epidemiology*, 45(4), 973-988.

Dannefer, D. (2003). Cumulative Advantage/Disadvantage and the Life Course. Cross-fertilizing Age and Social Science Theory. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 58B, S327-337.

Health perspectives on social exclusion

Sacker, A., Ross, A., MacLeod, C. A., Netuveli, G., & Windle, G. (2017). Health and social exclusion in older age: evidence from Understanding Society, the UK household longitudinal study. *Journal of Epidemiology and Community Health*, 71(7), 681-690.

Phelan, J. C., Link, B. G., & Tehranifar, P. (2010). Social conditions as fundamental causes of health inequalities: theory, evidence, and policy implications. *Journal of Health and Social Behavior*, 51(1_suppl), S28-S40.

Exclusion from health and social care services

Allin, S. & Fernández, J.-L. (2011) New approaches for understanding inequalities in service use among older people. In: Sargeant, Malcolm, (ed.) *Age discrimination and diversity: multiple discrimination from an age perspective* (pp. 183-197). Cambridge University Press, Cambridge, UK.

Terraneo M. (2015). Inequities in health care utilization by people aged 50+: Evidence from 12 European countries. *Social Science & Medicine*, 126, 154-163.

Exclusion from social relationships

Burholt, V., Winter, B., Aartsen, M., Constantinou, C., Dahlberg, L., Feliciano, V., De Jong Gierveld, J., Van Regenmortel, S., & Waldegrave, C. (In press). A critical review and development of a conceptual model of exclusion from social relations for older people. *European Journal of Ageing*.

Dahlberg, L., & McKee, K. J. (2016). Living on the Edge: Social Exclusion and the Receipt of Informal Care in Older People. *Journal of Aging Research*, 2016, 1-10.

Exclusion from neighbourhoods

Walsh, K., O'Shea, E., Scharf, T., & Shucksmith, M. (2014). Exploring the impact of informal practices on social exclusion and age-friendliness for older people in rural communities. *Journal of Community & Applied Social Psychology*, 24(1), 37-49.

Warburton, J., Scharf, T., & Walsh, K. (2017). Flying under the radar? Risks of social exclusion for older people in rural communities in Australia, Ireland and Northern Ireland. *Sociologia Ruralis*, 57(4), 459-480.

Economic exclusion: income, wealth and old age pensions

Gustafsson, B., Johansson, M., & Palmer, E. (2009). The welfare of Sweden's old-age pensioners in times of bust and boom from 1990. *Ageing & Society*, 29(04), 539-561.

Myck, M., Ogg, J., Aigner-Walder, B., Kåreholt, I., Kostakis, I., Motel-Klingebiel, A., Marbán-Flores, R., Murdock, E., Perek-Białas, J. & Thelin, A. (2017). *Economic aspects of old age exclusion: a scoping report*. COST CA15122 Reducing Old-Age Exclusion: Collaborations in Research and Policy.

Civic rights and cultural exclusion: migration and ethnicity

Craig G (2004) Citizenship, exclusion and older people. *Journal of Social Policy*, 33:95–114

Torres, S. (2012). International migration: patterns and implications for exclusion in old age. In T. Scharf & N. C. Keating (Eds). *From Exclusion to Inclusion in Old Age: A Global Challenge*. University of Bristol: The Policy Press.