



REAGERA-S

Responding to Elder Abuse in GERiatric care
Self-assessment form

For those who want to use REAGERA-S.

REAGERA (Responding to Elder Abuse in GERiatric care) is a research projects that is being run in Sweden as a partnership between Region Östergötland and Linköping University, with financial support from the Swedish Crime Victim Fund. The long-term goal of the project is to improve how healthcare services identify and provide help to older adults who are or have previously been victims of various types of abuse.

Using REAGERA-S is a way to ask older adults questions about abuse. The 'S' stands for 'self-administered' and it is therefore the older adults themselves who is asked to fill in the form (next page). As a user, you undertake a subjective assessment to determine whether the person who is to fill in the form has sufficiently high cognitive function and sufficient linguistic ability to understand the questions. If the older adult has difficulty reading and filling in the form, for example because of a visual impairment, it is also possible to read the questions aloud to them.

If the older adult gives an affirmative answer to any of the questions in REAGERA-S, it is very important that this is followed up with a conversation about what he or she has experienced and that any requirements in terms of help and support are identified. It is not possible to determine how serious the abuse was, or whether the person is currently suffering because of it, by only looking at the answers on the form. This is because REAGERA-S has a lifetime perspective and captures both serious and less serious forms of abuse.

REAGERA-S has been tested in a scientific study among older adults being treated as in-patients in hospitals and has been shown to work well. The study is published open access and available [here](#).

Simmons J., Wiklund N., Ludvigsson M., Nägga K. & Swahnberg K. (2020) Validation of REAGERA-S: a new self-administered instrument to identify elder abuse and lifetime experiences of abuse in hospitalized older adults, Journal of Elder Abuse & Neglect, 32:2, 173-195

Use of REAGERA-S is free of charge, but we ask that you first contact the research coordinator and copyright holder Johanna Simmons via email: johanna.simmons@liu.se

More information about the REAGERA projects can be found here
www.liu.se/en/research/reagera
Contact: johanna.simmons@liu.se



VULNERABILITY OF OLDER PEOPLE THROUGHOUT LIFE

It is quite common during one's life to be subjected to negative actions committed by people close to you, care workers or others. Such experiences can have a negative impact on health, even if they happened a long time ago.

We would therefore like you to please answer the following questions:

	YES	NO
1. Have you felt uncomfortable with or afraid of someone close to you or a care worker?	<input type="checkbox"/>	<input type="checkbox"/>
2. Has anyone repeatedly spoken to you in a disrespectful manner or attempted to put you down, degrade you or humiliate you?	<input type="checkbox"/>	<input type="checkbox"/>
3. Has anyone attempted to control you, limit your contact with others, or decide what you may or may not do?	<input type="checkbox"/>	<input type="checkbox"/>
4. Has anyone threatened to harm you or someone or something that you care about, for example other people, pets or possessions?	<input type="checkbox"/>	<input type="checkbox"/>
5. Has someone close to you or a care worker exploited you financially, for example by stealing from you, taking control of your finances, cheating you out of money or objects, or demanding these from you?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you been subjected to any form of physical violence, for example being shoved, pinched, held down, hit or kicked?	<input type="checkbox"/>	<input type="checkbox"/>
7. Have you been subjected to any form of sexual abuse, for example someone touching your body against your will or forcing you to perform sexual acts?	<input type="checkbox"/>	<input type="checkbox"/>
8. Have you ever not been given the help that you need, for example with taking medicine, going to the toilet, getting out of bed, getting dressed or getting food or drink?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has someone close to you or a care worker who should have been helping you treated you badly, for example by speaking to you in a disrespectful manner or handling you roughly?	<input type="checkbox"/>	<input type="checkbox"/>

10. How much are you suffering today as a result of what you have been subjected to? (Place a cross on the scale below)

