## **CURRICULUM VITAE**

Surname: Orwelius First Name: Lotti

Title: Ass. Professor, PhD, Intensive Care Nurse Full Initials: L.M.O. Sex: F

# **Forskning**

I mitt yrkesliv arbetar jag med att förbättra vården för patienter i behov av intensivvård, med att överleva intensivvården till så bra hälsorelaterad livskvalitet som möjligt.

#### Publications

|      | Publications  |  |  |
|------|---|--|--|
| Date | Publications  |  |  |
| 1990 | Söderlind K. Rutberg H. Orwelius L. Sandstedt S., Medical Ethics: Increased Personnel- and Family Support in order to give a more Efficient Intensive Care, Läkartidningen 1990; 87 (28-29): 2366-67 (in Swedish)   |  |  |
| 2005 | *Orwelius L. Nordlund A. Edéll-Gustafsson U. Simonsson E. Nordlund P. Kristenson M. Bendtsen P. Sjöberg F. Role of preexisting disease in patient's perception of health-related quality of life after intensive care. Critical Care Medicine 2005 Vol. 33, No.7 p; 1557-64               |  |  |
| 2007 | *Editorial in Critical Care Medicine 2005 Vol. 33, No. 7 Orwelius L. Sjöberg F. Att leva efter intensivvård – longitudinell uppföljning av hälsorelaterad livskvalitet (HRQoL). SFAI-Tidningen 2007; 3:70-71 (in Swedish)   |  |  |
| 2008 | Orwelius L. Nordlund A. Nordlund P. Edéll-Gustafsson U. Sjöberg F. Prevalence of sleep disturbances and long-term reduced health-related quality of life after critical care: a prospective multicenter cohort study. Critical Care 2008, <b>12</b> :R97                                  |  |  |
| 2010 | Orwelius L. Nordlund A. Nordlund P. Simonsson E. Bäckman C. Samuelsson A. Sjöberg F. Pre-existing disease: the most important factor for health related quality of life long-term after critical illness: a prospective, longitudinal, multicentre trial. Critical Care 2010 14:R67       |  |  |
| 2010 | Sveen J. Orwelius L. Gerdin B. Huss F. Sjöberg F. Willebrand M. Psychometric Properties of the impact of event scale-revised in patients one year after burn injury. J Burn Care Res 2010; 31:310-318   |  |  |
| 2010 | Bäckman C. Orwelius L. Sjöberg F. Fredrikson M. Walther S. Long-term effect of the ICU-diary concept on quality of life after critical illness. Acta Anaesthesiol Scand 2010; 1-8   |  |  |
| 2011 | Orwelius L. Bäckman C. Fredrikson M. Simonsson E. Nordlund P. Samuelsson A. Sjöberg F. Social integration: an important factor for health-related quality of life after critical illness. Intensive Care Medicine 2011 Online 2 february 2011   |  |  |
| 2011 | Orwelius L. Bergkvist M. Nordlund A. Nordlund P. Bäckman C. Sjöberg F. Physical effects of the trauma and psychological consequences of pre-existing diseases account for a significant portion of the HRQoL pattern of former trauma patients. The J of trauma 2011 Online 14 March 2011 |  |  |
| 2013 | Orwelius L, Fredrikson M, Kristenson M, Walther S, Sjöberg F. Health related quality of life scores after intensive care are almost equal to those of the normal population: a multicenter observational study. Critical Care 2013, 17:R236 http://ccforum.com/content/17/5/R236          |  |  |
| 2013 | Orwelius L, Willebrand, M., Gerdin, B., Ekselius L, Fredrikson, M., Sjöberg, F. Long term health related quality of life after burns is strongly dependent on preexisting disease and psychosocial issues and less due to the burn itself. Burns 2013; 39:229-235                         |  |  |

| 2013 | Berkius J, Engerström L, Orwelius L, Nordlund P, Sjöberg F, Fredrikson M, Walther    |
|------|--|
|      | S. A prospective longitudinal multicentre study of health related quality of life in |
|      | ICU survivors with COPD. Critical Care 2013, 17:R211 doi:10.1186/cc13019             |

- Orwelius L. Lobo C. Teixeira Pinto A. Carneiro A. Costa/Pereira A. Granja C. Sepsis patients do not differ in health related quality of life compared with other ICU patients. Acta Anaesthesiol Scand 2013. On line 14 Sept 2013
- Nilsson E, Orwelius L, Kristensson M. Patient-reported outcomes in the Swedish National Quality Registers. J. Intern Med. 2015 doi: 10.1111/join.12409
- Orwelius L, Husberg M, Bernfort L, Carlsson P, Fredrikson M, Walther S, Sjöberg F. The effect on overall cost and Health-related quality of Life by inpatient trajectories 3 years Before and after critical illness. J. Anest & Inten Care Med. 2016: 1 (1):555553.
- Orwelius L, Teixeira-Pinto A, Lobo C, Costa-Pereira A, Granja C. The role of memories on health-related quality of life after ICU care: an unforgettable controversy? Patient related Outcome Measures 2016:7, 63-71
- Orwelius L, Kristensson M, Fredrikson M, Walther S, Sjöberg F Hopelessness: Independent associations with health-related quality of life and short-term mortality after critical illness: A prospective, multicentre trial. J. of Critical Care. 2017 doi: 10.1016/j.jcrc.2017.04.044
- Hollman Frisman G. Wåhlin I. Orvelius L. Ågren S. Health-promoting conversations

   A novel approach to families experiencing critical illness in the ICU environment.

  Journal of Clinical Nursing 2018:27, 631-639
- Orwelius L. Nilsson M. Nilsson E. Wenemark M. Walfridsson U. Lundström M. Taft C. Palaszewski B. Kristenson M. The Swedish RAND-36 health survey reliability and responsiveness assessed in patient populations using Svensson's method for paired ordinal data. Journal of Patient-reported outcomes 2018: 2;4 DOI: 10.1186/s41687-018-0030-0
- \*Agren S. Eriksson A. Fredrikson M. Hollman-Frisman G. Orwelius L. The health promoting conversations intervention for families with a critically ill relative: A pilot study. Intensive and Critical Care Nursing 2019;50, 103-110

  \* with editorial https://doi.org/10.1016/j.iccn.2018.10.002
- Berger-Estilita J. Granja C. Goncalves H. camila Dias C. Aragao I. Cost-Pereira A. Orwelius L. A new global health outcome score after trauma (GHOST) for disability, cognitive impairment, and health-related quality of life: data from a prospective cross-sectional observational study. Brain injury 2019, https://doi.org/10.1080/02699052.2019.1581257
- Nilsson A. Orwelius L. Sveen J. Willebrand M. Ekselius L. Gerdin B. Sjöberg F. Anxiety and depression after burn, not as bad as we think A nationwide study. BURNS 2019 (45) 1367-1374
- Spronk I. Van Loey N. Sewalt C. Nieboer D. Renneberg B. Moi A. Öster C. Orwelius L. van Baar M. Polinder S. the Quality of life study group. Recovery of health-related quality of life after burn injuries: An individual participant data meta-analysis. PLOS ONE 2020 <a href="https://doi.org/10.1371/journal.pone.0226653">https://doi.org/10.1371/journal.pone.0226653</a>
- Spronk I. Edgar D. van Baar M. Wood F. Van Loey N. Middelkoop E. Renneberg B. Öster C. Orwelius L. Moi A. Nieuwenhuis M. van der Vlies C. Polinder S. Haagsma J. Improved and standardized method for assessing yers lived with disability after burns and its application to estimate the non-fatal burden of disease of burn injuries in Australia, New Zealand and the Netherlands. BMC Public Health 2020: 20;121 doi:10.1186/s12889-020-8233-8
- Sjöberg F. Orwelius L. Berg S. Health-related quality of life after critical care the emperor's new clothes. Critical Care 2020:24;308 doi:10.1186/s13054-020-03012-3

| 2020 | Jonsson Å. Orwelius L. Dahlström U. Kristenson M. Evaluation of the usefulness of  |
|------|--|
|      | EQ-5D as a patient-reported outcome measure using the Paretian classification of   |
|      | health change among patients with chronic heart failure. Journal of Patient-Reported   |
|      | Outcomes 2020:4;50 doi:10.1186/s41687-020-00216-7  |
| 2021 | Sjöberg F. Orwelius L. Chew M. Berg S. Walther S. Letter to the editor. Critical Care 2021: 25:255. https://doi.org/10.1186/s13054-021-03635-0 |
| 2021 | Strömberg A. Thylén I. Orwelius L. Klompstra L. Jaarsma T. Tele-yoga in long term  |
|      | illness – Protocol for a randomised controlled trial including a process evaluation and  |
|      | results from a pilot study. 2021: 18, 11343. https://doi.org/10.3390/ijerph182111343   |
|      |  |
|      | Book chapter   |
|      | Book chapter "Hälsofrämjande möten i vården", Studentlitteratur  |
|      | Red. Margareta Kristensson och Anna Hertting. Published 2013   |
|      |  |
|      | Book chapter "Omvårdnadens grunder" advanced level. Studentlitteratur  |
|      | Red. Helle Wijk och Anna-Karin Edberg. Published 2013  |
|      | Book chapter to "Quality Management in Intensive Care". Cambridge University   |
|      | Press Red. Bertrand Guidet, Andreas Valentin and Hans Flaatten. 2015   |
|      | 1 1055 Red. Dertrand Guidet, Andreas Valentin and Trans 1 laatten. 2015  |
|      | Book chapter to "Omvårdnad på avancerad nivå, kärnkompetenser inom   |
|      | sjuksköterskans specialistområden" advanced level. Studentlitteratur   |
|      | Red. Anna-Karin Edberg, Anna Ehrenberg, Helle Wijk, Joakim Öhlén. 2021   |
|      |  |
|      | Reports  |
|      | Guide for patient involvement in national quality register   |
|      | Guide for the use of PROM instruments for adults   |
|      |  |

| Date          | Oral presentation   |
|---------------|---|
| Since<br>2002 | >60 oral presentations at national and international congresses   |
| 2015          | Best oral presentation at ESICM Lives 2015, Berlin.  L Orwelius, E Åkerman, C-J Wickerts, S Walther. Health-related quality of life at 2, 6, and 12 months after critical illness – lessons learnt from a nationwide follow-up of 4,500 ICU admissions. |

### Qualifications:

| Quantications.    |  |
|-------------------|--|
| Date              | Qualifications   |
|                   |  |
| 2018.03.01        | Ass. professor in Caring Science in Anaesthesiology and Intensive Care,    |
|                   | Faculty and Health Sciences at Linköping University, Linköping, Sweden     |
| 2017.07.01-       | Head of Nursing Development/Klinisk forskarbefattning, University          |
| 2020.06.30        | Hospital of Linköping, Linköping, Sweden                                   |
| 2013.09.01-11.30  | Postdoc at the University of Porto, Portugal                               |
| 2012.07.01 -12.31 | Postdoc at the University of Porto, Portugal                               |
| 2011-2015         | Working for the Swedish national quality register for intensive care (SIR, |

| 1                |  |
|------------------|--|
| 2011             | Swedish Intensive care Register)   |
| 2011- ongoing    | President for Grants for Patient security research (Medel För                                      |
|                  | Patientsäkerhetsforskning), Linköping University hospital, Linköping University, Linköping, Sweden |
| 2011-2012        | Expert assignment for The Swedish Nurses society (Svensk   |
| 2011-2012        | Sjuksköterskeförening), National project from SKL, The Swedish                                     |
|                  | commune and county council. Report Dec. 2012   |
| 2011- ongoing    |  |
| 2011- oligoling  | Course responsible, Lecturer, Intensive Care, University Hospital of Linköping, Linköping, Sweden  |
| 2011- ongoing    | Regular review assignments for international medical journals, i.e.                                |
| 2011- Oligoling  | Critical Care, Health and Quality of Life Outcomes, J. of Psychosomatic                            |
|                  | Research,  |
| 2010-2013        | ACTA, Anaesthesiologica Scandinavica,  |
| 2010-2013        | Board member The PROMcenter, Hälsofrämjande sjukhus (Health  |
|                  | promoting hospitals and health Services), University of Linköping,                                 |
| 2010-2012        | Linköping, Sweden  |
| 2010-2012        | Chairman of Theme Group PROM (Patient reported outcome Measures),                                  |
|                  | Health Promoting Hospitals and health Services (HFS), County Council                               |
| 2010-2011        | of Östergötland, Sweden  |
| 2010-2011        | Co-ordinator for development and research for the staff at Anaesthetists,                          |
|                  | Operations and Specialty Surgery Centre (Sinnescentrum), County                                    |
| 2009 – ongoing   | Council of Östergötland, University Hospital of Linköping  |
| 2007 – oligoling | Nursing care developer in Intensive care nursing at the university hospital,                       |
|                  | Dep. of ANOPIVA, County Council of Östergötland, University Hospital                               |
| 2009-2012        | of Linköping, Linköping, Sweden  |
| 2007-2012        | Project-leader FHC, Hälsofrämjande sjukhus (Health promoting hospitals                             |
|                  | and health Services), University Hospital of Linköping, Linköping,                                 |
|                  | Sweden, National project from SKL, The Swedish commune and county                                  |
| 2009-2019        | council.   |
| 2007 2017        | Working for the Registry Centre South-east Sweden (RCSO), region                                   |
| 2009- ongoing    | Östergötland, Linköping, Sweden  |
| 2009 ongoing     | Supervisor for doctoral students, University of Linköping, Linköping,                              |
| 2009 - ongoing   | Sweden   |
| 2009 ongoing     | Supervisor for students, advanced level (D), University of Linköping,                              |
| 2009- ongoing    | Linköping, Sweden  |
| 2009-2012        | Regular lecturer for nurses in specialist training.  |
|                  | Board member of The Swedish association of Nurse Anaesthetics and                                  |
| 2005             | Critical care Nurses   |
|                  | Grant for The Publication of the year; Årets vetenskapliga svenska artikel                         |
|                  | inom intensivvård, SFAI (the best Swedish ICU publication of the year)                             |
| 2003-2007        | Editorial in Critical Care Medicine 2005 Vol. 33, No. 7  |
|                  | Course responsible, Lecturer, Surgical Care, University of Linköping,                              |
| 2002 - 2006      | Linköping Sweden   |
|                  | Junior Lecturer, Basic Nursing Programme, Department of Medicine and                               |
|                  | Care, Nursing Science Faculty of Health Sciences, University of                                    |
| 2002-2010        | Linköping, Linköping, Sweden.  |
|                  | Basgruppshandledare/tutor, in different programme, University of                                   |
| 2002-2009        | Linköping, Linköping, Sweden   |
| 2000 - 2001      | Director of different project, Intensive Care Unit, Linköping, Sweden                              |
|                  | Tutor, Theoretical foundations of Nursing Science, University of                                   |
| 1993.01 –        | Linköping, Linköping, Sweden.  |
|                  |  |

| 1993.06     | Teacher, Intensive Care, University of Linköping, Linköping Sweden        |
|-------------|---|
| 1987 - 2000 | Head Nurse, Intensive Care Unit, University Hospital, Linköping, Sweden   |
| 1979 - 1987 | Critical Care Registered Nurse, Intensive Care Unit, Linköping University |
|             | Hospital, Linköping, Sweden   |
| 1977 - 1979 | Registred Nurse, different wards in Linköping University hospital and     |
|             | Jönköping hospital, Sweden  |
|             |   |

### Courses:

| Courses:      |  |
|---------------|--|
| Date          | Courses  |
| 2014          | Research supervision – advanced course in higher education pedagogy, 4 ECTS Credits, University of Linköping, Linköping, Sweden  |
| 2009          | PhD. Thesis in Anestesiology and Intensive Care "Health related quality of life in adult former intensive care unit patients" Linköping Medical dissertations, no 1117 |
| 2006          | Measure health related quality of life in clinical- and epidemiological science, 5p, University of Göteborg, Göteborg, Sweden.   |
| 2005          | Scientific methodology and Biostatistics, 5p, University of Linköping, Linköping, Sweden   |
| 2005.01       | Doctoral student, Dep. of Medicine and Care, Nursing Science, Faculty of Health Sciences, University of Linköping, Sweden.   |
| 2003 - 2004   | Basic science courses for candidates for the doctorate, 10p, University of Linköping, Linköping, Sweden  |
| 2002<br>2002  | The tutorial function I, PBL, University of Linköping, Linköping, Sweden PBL, ground course for tutor, University of Linköping, Linköping,                             |
| 2002          | Sweden   |
| 2002          | Master of Science in Health Care Informatics, University of Linköping, Linköping, Sweden.  |
| 08.00 - 01.01 | Wound and wound healing, level C, University of Linköping, Linköping, Sweden.  |
| 03.00 - 05.00 | Theoretical foundations of Nursing Science, level B, University of Linköping, Linköping, Sweden.   |
| 01.00 - 03.00 | General research methodology, level C, University of Linköping, Linköping, Sweden.   |
| 11.99 - 02.00 | General research methodology, level B, University of Linköping, Linköping, Sweden.   |
| 1997          | European Computer Driving Licence, Linköping, Sweden   |
| 1986          | University Diploma in Nursing Education, University of Linköping, Linköping, Sweden.   |
| 1982          | Mathematics for upper school, 3 years, Linköping, Sweden   |
| 1981          | Graduation – Intensive Care Nurse, University of Linköping, Linköping, Sweden  |
| 1977          | Graduation Nurse, University of Malmö, Malmö, Sweden.  |

## Relevant Experience/Skills:

| Date | Experience/Skill |
|------|------------------|
|      |                  |

| 2010.09 -   | National commitment for the PROMcentre (Patient reported outcome           |
|-------------|--|
| 2012.04     | measure) with education and development of PROM based science for          |
|             | national quality register  |
| 2000.10 -   | Project; Mentor Program for Nurses   |
| 2004.01     |  |
| 2000.09 -   | Project; Qualification- and Wage Determination Model for Assistant Nurses. |
| 2001.04     |  |
| 2000.09 -   | Medical Research Nurse; Clinical Study.                                    |
| 2000.12     |  |
| 1999.12 –   | Project; Qualification- and Wage Determination Model for Nurses            |
| 2000.05     |  |
| 1997 – 1999 | Project: Development and Education for the staff. Centre of Medicine- and  |
|             | Surgery, University Hospital, Linköping, Sweden.                           |
| 1996        | Project: Economic revision of the hospital wards, University Hospital,     |
|             | Linköping, Sweden.   |
| 1988 - 1989 | Project: Personnel- and Family support on an Intensive Care Ward.          |

Status: (✓) tick one

Permanent: X

Temporary: Job Title: Ass. professor, PhD, CCRN

Agency: Intensive Care Unit, University
Hospital, 581 85 LINKÖPING,
SWEDEN

Date: 2023.05.29